



December 2023

# SCHOOL NEWSLETTER



## Winter Break will start December 16

The school will resume  
January 2nd, 2024

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### Contact

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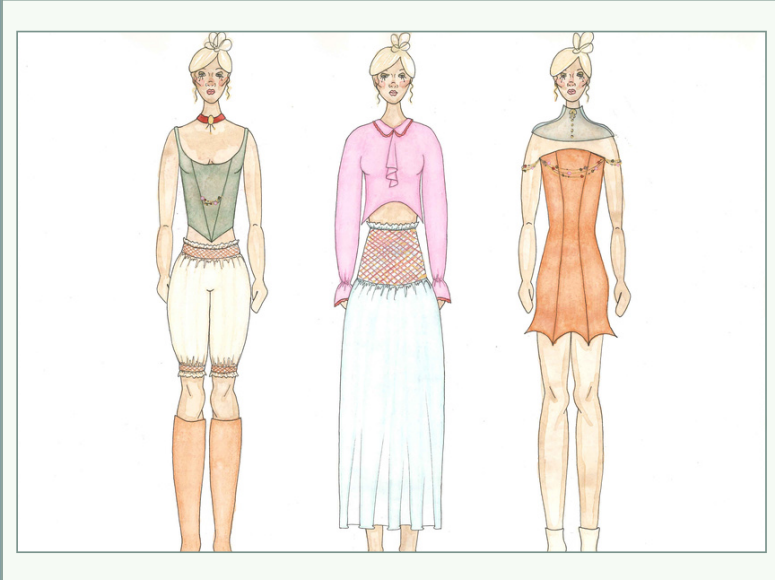
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# Practice of Building Technology

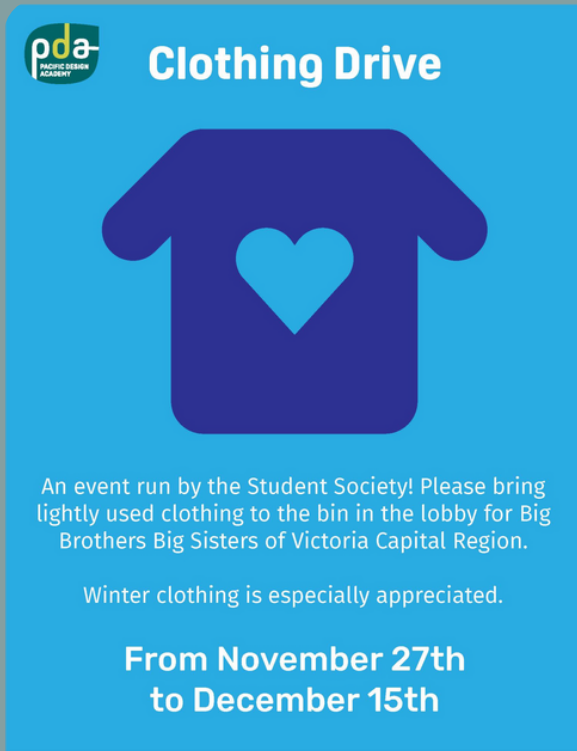


**Our second ever Practice of Building Technology cohort began class on November 13th. The Practise of Building Technology is funded by the government of BC to make higher education accessible to everyone. We're excited to see what this cohort does with their newfound skills!**

# Student Work




# Student Society



**pda**  
PACIFIC DESIGN ACADEMY

## Clothing Drive



An event run by the Student Society! Please bring lightly used clothing to the bin in the lobby for Big Brothers Big Sisters of Victoria Capital Region.

Winter clothing is especially appreciated.

**From November 27th  
to December 15th**



PDA Student Society

Will be Hosting a  
**Winter Movie Night**  
Early December

**Vote which movie to watch**

**Movie options suggested**

- March of the Penguins
- The Lion, the Witch, and the Wardrobe
- Frozen I / II
- Anastasia
- Happy Feet I/II
- Ice Age

Movie Night will include a Ginger Bread House contest, and Pizza

**Date: Dec 6 6pm**

Scan Here to pick the Movie



## STUDENT SHOWCASE DATE ANNOUNCED

**Date: February 21st**  
**Time: TBA**  
**Where: 8 Bastion Square, unit 200**

Save the date! Our student showcase for Term 1 and 2 will take place on February 21st. We invite friends, family, and the public to come see what our talented students have been working on! More information will be available closer to the date.

# Advice for Finals

01

## Make a master list.

Having a list of deadlines may be intimidating, but it's a good way to get an overview of what the next few weeks will look like and keep track of larger projects that will need more time and attention.



02

## Block out your time.

Blocking out time in your calendar to do specific assignments removes the stress of trying to figure out what to do next and allows you to plan for regular breaks. Always give yourself extra time to complete tasks. It's better to have more time left at the end of the day than not enough.



03

## Make a daily to-do list.

If you're daunted by the intensity of an hourly schedule, pick a select number of assignments to work on each day. As with time blocking, just make sure not to set yourself too much.



04

## Set a timer.

Use Pomodoro technique to give yourself regular breaks while still getting through a lot of work. This technique involves setting a timer for 25 minutes and working on one task, no distractions, for that length of time. When the timer goes off, take a five minute break. If you're really struggling to focus, 10 minutes is more manageable, and you may be surprised to find yourself in flow state by the end of it.



05

## Curate your environment.

Some people work best in their bedrooms with no noise; others need the stimulation of a classroom or a coffee shop. Find what works for you and the work you need to get done!



# **SCHOOL HOURS**

## **Office**

**8:30-5:00 Monday to Friday**

## **Building Doors**

**Unlocked 8-6 Monday to Friday**

**Current students are allowed to stay on campus  
until 10pm at the very latest.**

# **Inspiration of the Month**

**"December has the clarity, the simplicity, and the  
silence you need for the best fresh start of your  
life."**

**– Vivian Swift**

**Happy December from PDA!**