



December 2022

# SCHOOL NEWSLETTER



Term 1 classes end on December 16th. Good luck to our students on their final projects and exams!



## • Holidays

The school will be closed from December 24th to 27th and the 31st to January 2nd.

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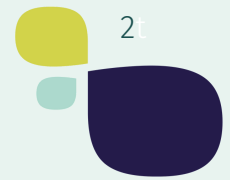
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# Dates to Remember



## **December 8**

Gingerbread House Building  
Competition

## **December 13**

Second Tuition Payment Due

## **December 14**

Student Showcase

## **December 16**

Term 1 Classes End

## **December 19-23**

School Open

## **December 24-27**

School Closed

## **December 28-30**

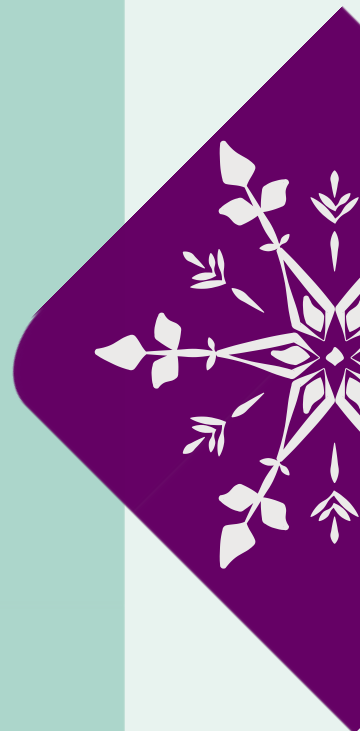
School Open

## **December 31-January 2**

School Closed

## **January 3**

Term 2 Classes Begin



# End of Term Tips

As December begins, Term 1 is slowly but surely coming to an end. To support you through your homework and final projects, we've compiled a list of strategies and tips. You've got this!

## **Make a master list.**

Having a list of deadlines may be intimidating, but it's a good way to get an overview of what the next few weeks will look like and keep track of larger projects that will need more time and attention.

## **Block out your time.**

Blocking out time in your calendar to do specific assignments removes the stress of trying to figure out what to do next and allows you to plan for regular breaks. To avoid frustration, always give yourself extra time to complete tasks. It's better to have more time left at the end of the day than not enough.

## **Make a daily to-do list.**

If you're daunted by the intensity of an hourly schedule, pick a select number of assignments to work on each day. As with time blocking, just make sure not to set yourself too much.

## **Set a timer.**

The Pomodoro technique is a great way to give yourself regular breaks while still getting through a lot of work. The Pomodoro technique involves setting a timer for 25 minutes and working on one task, no distractions, for that length of time. When the timer goes off, take a five minute break. If you're really struggling to focus, 10 minutes is more manageable, and you may be surprised to find yourself in flow state by the end of it.

## **Curate your environment.**

Some people work best in their bedrooms with no noise; others need the stimulation of a classroom or a coffee shop. This might even change depending on the project type. Find what works for you and the work you need to get done!

Pacific Design Academy

# STUDENT FOOD DRIVE

Sharing is Caring!

## Suggested Items:

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Peanut Butter  
Canned Meat  
Granola Bars.  
Toothpaste  
Toilet Paper

Canned Fish  
Canned Soup  
Snack Food  
Soap  
Razors

• T H E •  
SOUP KITCHEN



40 Years Feeding the Community

740 View St, Victoria, BC V8W 3Y7





INFO at:  
[admin@pacificdesignacademy.com](mailto:admin@pacificdesignacademy.com)  
250 383 3631

**Student Showcase**  
Wednesday  
December 14, 2022  
5:00pm

200-8 Bastion Square  
Victoria

Students from different disciplines will come together to celebrate and share their best work from the term. Friends, family and the public are welcome!



# Meet Our Fabulous Faculty!

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## Michel Ingram

### Professional Photography and Imaging Instructor

#### **How did you get into your field?**

I retired from the Military with 37 years of service, and during my time in the military photography (as a hobby) was part of my journey. Although I retired, I still wanted to work and contribute to my community; therefore, I decided to pursue my dream of becoming a professional photographer, which revolves around Modeling and Fashion photography. Plus, an important part of my core values is doing charity work, and the charity I am currently involved with is the Achieve Anything Foundation, whose goal is to "Work with industry, agency and education partners towards improving recruitment techniques, integration practices and retention strategies for women."

#### **What brought you to Pacific Design Academy?**

I was drawn to Pacific Design Academy's teaching philosophy, and they also have an excellent Professional Photography and Imaging Diploma program. Having instructors who are actively working in the field they are teaching makes a huge difference when learning skills needed in the industry. The location of being in downtown Victoria, near the harbour, was another draw.

#### **Why do you think education is important?**

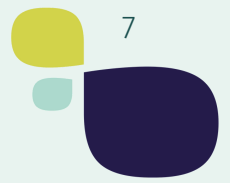
Education is critical to one's development, and it is continual. Without education you do not have knowledge, and without continued education you become stagnant in your profession.

#### **What's your favourite snack to eat while working?**

Pizza! It's portable and can be eaten cold.



# November Photos







# ADORNED

A visual bravura of storied and layered designs, this interdisciplinary group exhibition presents wills and ways to be adorned that speak to histories and forecasted futurisms. Artists, designers, and historical items present deeply considered connections to process and material, with interdisciplinary approaches imbued with meanings beyond what is seen aesthetically.

Fashion combines art, craft, and design, and has long been associated with status, culture, and identity. Colonial impositions and fast fashion have interrupted cultural traditions, moving us away from the land, community identities, and textile traditions. A resurgence of knowledge repatriation and adaptations of ancestral skills that were once undergounded are resurfacing and reignited - it is both of the moment and a way of the future.

Labour intensive and detailed, the works exhibited are woven, beaded, tanned, trapped, dyed, up-cycled, sewn, photographed, and collaged using a multitude of materials and cultural references. Understanding the transformation and transcendence of material instills a deeper appreciation of the skills and time it takes for fashion to come into being. Mavericks of design and radical thinking, the artists and designers in this exhibition convey knowledge of material to produce original works of art in fashion.





# Upcoming Promotion

Apply to any of our full-time programs during the month of January, and receive \$400 off your tuition in September!\*

Contact [registrar@pacificdesignacademy.com](mailto:registrar@pacificdesignacademy.com) for more information.

\*Some restrictions may apply.

## Inspiration of the Month

"In the depth of winter, I finally learned that there was in me an invincible summer."

~Albert Camus

Happy December from PDA!